

DAY 21 | Motif: Diary/Journal

TITLE | "Liberating Expression"

MEDIA | Canson Cold Press, Watercolor, Micro Pen

SIZE | 8 x 10

By Kim Anderson

#FEBCHALLENGE19

In the world of journaling and art, there are no barriers. I am liberated to simply be a human being experiencing and expressing the art of just being. My mind goes in another realm of consciousness blocking out all oppressive distractions. I can choose to keep my journals and art private or bravely share it publicly and take pride in the fact that it all comes from my own mind – the very same mind that the oppressive system didn't/doesn't value. At least there is someone that does and has always valued it – ME. The De'VIA symbol is now a new realm of dimension added to my journaling and art, an amazing month long journey of daily brain challenges and expansion to think outside of the box – stepping it up to another level of thought processing. It's liberating and rewarding.